

February 2017

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	<p>(Breakfast) Apple/Pan Cakes & Milk (Lunch) Mac & Cheese Broccoli Milk /Fruit Cocktail (PM-Snack) Animals Crackers 100%Apple Juice</p>	<p>Breakfast) Grapes/ Oatmeal & Milk (Lunch) Chicken patties Sandwich Green Beans Fruit/ Milk (PM-Snack) Graham Crackers 100% Apple Juice</p>	<p>1 (Breakfast) Banana/ Cereal & Milk (Lunch) Yellow Rice/Meat/Mix Veggies Milk &Apple (PM-Snack) Cheese-Itz 100%Apple Juice</p>	<p>2 (Breakfast) Orange French Toast sticks Milk (Lunch) Sloppy Joe Sandwich Corn Fruit/ Milk (PM-Snack) Nacho Chips/ Cheese 100% Apple Juice</p>	<p>3 (Breakfast) Grapes/ Waffles & Milk (Lunch) Chicken Nuggets & Fries Carrots Milk /Apple (PM-Snack) Yogurt 100%Apple Juice</p>	<p>4 </p>
<p>5 </p>	<p>6 (Breakfast) Apple/Pan Cakes & Milk (Lunch) Mac & Cheese Broccoli Milk /Fruit Cocktail (PM-Snack) Animals Crackers 100%Apple Juice</p>	<p>7 Breakfast) Grapes/ Oatmeal & Milk (Lunch) Chicken patties Sandwich Green Beans Fruit/ Milk (PM-Snack) Graham Crackers 100% Apple Juice</p>	<p>8 (Breakfast) Banana/ Cereal & Milk (Lunch) Yellow Rice/Meat/Mix Veggies Milk &Apple (PM-Snack) Cheese-Itz 100%Apple Juice</p>	<p>9 (Breakfast) Orange French Toast sticks Milk (Lunch) Sloppy Joe Sandwich Corn Fruit/ Milk (PM-Snack) Nacho Chips/ Cheese 100% Apple Juice</p>	<p>10 (Breakfast) Grapes/ Waffles & Milk (Lunch) Chicken Nuggets & Fries Carrots Milk /Apple (PM-Snack) Yogurt 100%Apple Juice</p>	<p>11 </p>
<p>12 </p>	<p>13 (Breakfast) Apple/Pan Cakes & Milk (Lunch) Mac & Cheese Broccoli Milk /Fruit Cocktail (PM-Snack) Animals Crackers 100%Apple Juice</p>	<p>14 Breakfast) Grapes/ Oatmeal & Milk (Lunch) Chicken patties Sandwich Green Beans Fruit/ Milk (PM-Snack) Graham Crackers 100% Apple Juice</p>	<p>15 (Breakfast) Banana/ Cereal & Milk (Lunch) Yellow Rice/Meat/Mix Veggies Milk &Apple (PM-Snack) Cheese-Itz 100%Apple Juice</p>	<p>16 (Breakfast) Orange French Toast sticks Milk (Lunch) Sloppy Joe Sandwich Corn Fruit/ Milk (PM-Snack) Nacho Chips/ Cheese 100% Apple Juice</p>	<p>17 (Breakfast) Grapes/ Waffles & Milk (Lunch) Chicken Nuggets & Fries Carrots Milk /Apple (PM-Snack) Yogurt 100%Apple Juice</p>	<p>18 </p>
<p>19 </p>	<p>20 (Breakfast) Apple/Pan Cakes & Milk (Lunch) Mac & Cheese Broccoli Milk /Fruit Cocktail (PM-Snack) Animals Crackers 100%Apple Juice</p>	<p>21 Breakfast) Grapes/ Oatmeal & Milk (Lunch) Chicken patties Sandwich Green Beans Fruit/ Milk (PM-Snack) Graham Crackers 100% Apple Juice</p>	<p>22 (Breakfast) Banana/ Cereal & Milk (Lunch) Yellow Rice/Meat/Mix Veggies Milk &Apple (PM-Snack) Cheese-Itz 100%Apple Juice</p>	<p>23 (Breakfast) Orange French Toast sticks Milk (Lunch) Sloppy Joe Sandwich Corn Fruit/ Milk (PM-Snack) Nacho Chips/ Cheese 100% Apple Juice</p>	<p>24 (Breakfast) Grapes/ Waffles & Milk (Lunch) Chicken Nuggets & Fries Carrots Milk /Apple (PM-Snack) Yogurt 100%Apple Juice</p>	<p>18 </p>
<p>25 </p>	<p>26 (Breakfast) Apple/Pan Cakes & Milk (Lunch) Mac & Cheese Broccoli Milk /Fruit Cocktail (PM-Snack) Animals Crackers 100%Apple Juice</p>	<p>27 Breakfast) Grapes/ Oatmeal & Milk (Lunch) Chicken patties Sandwich Green Beans Fruit/ Milk (PM-Snack) Graham Crackers 100% Apple Juice</p>	<p>28 (Breakfast) Banana/ Cereal & Milk (Lunch) Yellow Rice/Meat/Mix Veggies Milk &Apple (PM-Snack) Cheese-Itz 100%Apple Juice</p>	<p></p>	<p></p>	<p></p>



Hope Grows Express

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CENTER NEWS

REMINDERS

FEBRUARY 20TH – CENTER CLOSED – PRESIDENT’S DAY

MARCH 10TH – CENTER CLOSED – PROFESSIONAL DAY

- ✚ **COMAR 13A.16.03.04 OF THE MARYLAND REGULATIONS FOR CHILD CARE: INCLUDE THE NAME, TELEPHONE NUMBER OF AT LEAST ONE INDIVIDUAL OTHER THAN YOURSELF WHO IS AUTHORIZED TO PICK UP THE CHILD IN AN EMERGENCY.**
- ✚ **CHILDREN’S FILES WILL BE UP-DATED DURING THE COMING MONTHS, CHANGES OF ADDRESS AND PHONE NUMBERS MUST BE CURRENT. ALL HEALTH INVENTORIES AND IMMUNIZATIONS MUST BE UP TO DATE.**
- ✚ **PLEASE BE AWARE, YOU WILL INCUR A LATE FEE WHICH WILL BE ADDED TO YOUR ACCOUNT IF YOU PICK YOUR CHILD/CHILDREN UP LATE.**
- ✚ **OUR HOURS ARE 7:00AM TO 6:00PM(SHARP)**
- ✚ **PLEASE GO TO OUR WEBSITE FOR THE FOLLOWING INFORMATION: SNOW EMERGENCY CLOSINGS, MENUS AND NEWSLETTERS.**
- ✚ **FEBRUARY IS VALENTINE’S CELEBRATIONS AND BLACK HISTORY MONTH.**

Director’s Corner



This is the season for many of us to get sick with colds, flu and other illnesses. If your child gets sick during the day while he/she is in care, we will contact you to come and pick them up. Maryland regulations says if we call you because your child is sick with fever, vomiting, diarrhea or pink eye, your child must remain at home for 24 hours or until the fever, vomiting and diarrhea subsides. If these symptoms appear while your child is at home please; keep them home. Maryland regulations allows us not to accept your child if they are sick.

Please dress your child appropriately for the weather. We know sometimes the winter months can be tricky with it being warm one day and cold the next. Make sure to dress your child in layers suitable for this funny weather.

I am happy to announce that we will be participating in the St. Jude Trike-A-Thon in March. The St. Jude Trike-A-Thon is a fun, week long curriculum that teaches children riding-toy safety lessons while raising money for St. Jude’s hospital.

More information will be in next month’s newsletter and in the center. We welcome all parental participation.

BIRTHDAYS

HAPPY BIRTHDAY TO ALL OUR CHILDREN, PARENTS AND STAFF WHO ARE CELEBRATING THEIR BIRTHDAYS IN THE MONTH OF FEBRUARY

